

Impact 4 is a no cost, three-day, character-based program teaching students healthy decision-making skills for their future. The fourth grade program utilizes an interactive workbook written to help students grasp these character-building concepts in a lasting and relatable way.

Day One

- Defines impact, goals, risk and boundaries
- Encourages students to consider the consequences of their actions
- Establishes the importance of having personal goals for a healthy future

Day Two

- Defines integrity
- Helps students identify healthy role models in their lives
- Discusses healthy habits and boundaries for social media, personal care and relationships

Day Three

- Defines pressure
- Teaches students how to identify what makes a healthy friendship
- Discusses what a bully is and how students should respond
- Establishes a plan for students to maintain integrity and respect for self